

# Airplane Kit for Babies and Toddlers

- **Car seat** (Even if not booking a seat for baby – it can be gate checked) and/or **CARES Restraint by Kids Fly Safe** for children who weigh 22 – 44 pounds
- **Stroller** (It can be gate-checked too)
- **Diapers** (Enough to make it through the flight, plus 3 – 6 extra)
- **Diaper Cream** (Tube must be smaller than 3.4 ounces due to airline regulations)
- **Diaper Wipes**
- **Changing Pad** (Disposable pads are great!)
- **Change of Clothes for Baby** (And maybe one for you)
- **Plastic Bags for Soiled Diapers** (Air sickness bags can be used for this as well)
- **Bottles** (Enough to make it through the flight, plus 2 – 3 extra)
- **Nursing Cover-Up**
- **Pacifiers** (Plenty of 'em stuffed in more than one bag to make retrieval easy)
- **Powdered Formula** (Pre-measured into a plastic container with serving dividers)
- **Healthy Snacks**
- **“Forbidden” Snacks**
- **No-Spill Snack Container**
- **A Sippy-Cup**
- **Bib** (Plastic-coated so it is easily wiped clean)
- **Baby Spoon**
- **Baby Fork**
- **Baby Food** (In plastic containers – twice as much as you think you will need)
- **Baby Medications** (Ibuprofen for sore ears and anything else baby may need)
- **Nose Aspirator** (The blue booger-bulb for infants)
- **Digital Thermometer**
- **Smart Phone and Plenty of Kid Movies** (And a couple “grown-up” movies for you in case the baby actually sleeps!)
- **3 – 9 Favorite Books** (Depending on the length of the flight)
- **1 – 2 New Books**
- **1 – 2 Favorite Small Toys**
- **Cuddle Object** (Favorite blankie or stuffed toy)
- **2 – 6 New Small Toys** (You can gift wrap these for older toddlers to buy some time)
- **Pack of Fat, Triangular Crayons or Washable Markers and a Coloring Book**
- **Stickers**
- **Flash Cards, Lacing Cards or Other Compact Activity** (For older toddlers)